



### Mission

Invite, Inform & Engage Youth in the community to take charge of their future.

**Y.E.S. is Empowering**

### Vision

A community with strong and young voices that will enlighten and maintain a positive sound and keep youth engaged in their community.

**Y.E.S. is Life Changing**

### Values

Family Driven, Youth Guided, Culturally and Linguistically Competent, Strengths-based, Individualized, Integrated, Comprehensive, Competent, Respectful, Outcomes Based and Evidence Based.



### Y.E.S. Youth Group offers

- Leadership Training
- Workshops to build positive life skills
- Outreach and education to other youth
- Peer support
- Linkage with character coaches
- Community service opportunities
- End of the year field trips

For more information or to learn how to become involved with Y.E.S. please contact:

**Y.E.S.**  
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All youth have the right to be heard! Young Educated Speakers provides an opportunity for youth to amplify their voices and become a youth-guided community.



# About Y.E.S.

Y.E.S. is a youth-guided group dedicated to advocating for other youth. We speak out loud to build a youth guided community.



## Who We Support

- Youth 12 and younger.
- Youth and young adults ages 13 to 24 living real life experiences in mental health, child welfare, juvenile justice or alternative education.
- Families, friends, providers and other supportive people in their lives.

## Why We Do This

To assure all young people are given the opportunity to have their voices heard and validated as they take charge of their future.



## Y.E.S. Qualifications

Are you friendly and have a compassion for advocating for youth?  
If so, then **Y.E.S.** is for you!

**Y.E.S.** is currently recruiting youths between the ages of 13-24 to join their amazing group.

**Y.E.S.** members also serve as mentors to our younger youth group **Y.E.S.-I.T.** (**Y.E.S.** In Training)

## Y.E.S. Positions

**President**  
**Vice-President**  
**Treasurer**  
**Secretary**  
**General Members**

## Y.E.S. Begins With You!



## Did You Know?

- About 20 percent of teens will experience teen depression before they reach adulthood.
- Most will suffer from more than one episode.
- Episodes of teen depression generally last about 8 months
- One in ten teens in grades 7 to 12, male and female, has been physically abused by a boyfriend or girlfriend.

(Source) The Center for Disease Control (CDC) & teenhelp.com

## Youth Guiding Youth

Today's teens have more problems, bigger problems, and just different problems. It is important to seek help and support for those problems before they become overwhelming.